

MARCH 10, 2024 ~ YEAR B

4th SUNDAY OF LENT



OUR LADY OF PERPETUAL HELP PARISH

635 Tranquille Road Kamloops, BC V2B 3H5

Pastor: Fr. Rajesh Madtha, OCD

In Residence: Fr. Rudolf D'Souza, OCD

Office Staff: Jackie Ulrich

Phone: 250-376-5541

email: olphkamloops@shaw.ca

Website: www.olphkamloops.ca

Office Hours: 8:30 am-3:30 pm
Tuesday to Friday

CLOSED on MONDAYS

MASS TIMES

Sunday:

Saturday 5:00 PM

Sunday 8:30 AM

10:30 AM

Week Day:

Monday-Friday 7:30 AM

SACRAMENT OF

RECONCILIATION:

Monday-Friday 7:00-7:30 AM

Wednesday 8:00 - 8:45 AM

SATURDAY 10:00 - 11:00 AM

ADORATION OF THE BLESSED SACRAMENT:

Wednesday 8 - 8:45 AM

WEDDINGS - Please call the rectory for an appointment six months before planning the wedding date.

BAPTISMS - A pre-Baptism course is required. Please call the rectory for an appointment.

**A WARM WELCOME TO
GUESTS AND VISITORS**
We're happy you're here!

4TH SUNDAY OF LENT - Salvation in Christ

Today's Gospel reading is taken from John's Gospel. It consists of two parts. The first part is the final sentence of Jesus' reply to Nicodemus, the Pharisee who approached Jesus at night. Nicodemus acknowledged Jesus as someone who had come from God and seemed to want to be a follower of Jesus.

In the part of the conversation with Nicodemus in today's Gospel, Jesus referred to an incident reported in the Old Testament. When the Israelites grumbled against the Lord during their sojourn in the desert, God sent venomous serpents to punish them for their complaints. The Israelites repented and asked Moses to pray for them. The Lord heard Moses' prayer and instructed him to make a bronze serpent and mount it on a pole. All who had been bitten by a serpent and then looked upon the bronze serpent were cured. By recalling this story, Jesus alludes to the salvation that would be accomplished through his death and Resurrection.

The second part of today's Gospel is a theological reflection on Jesus' words to Nicodemus. The Gospel of John is known for this kind of reflection offered within the narrative. The words of the Evangelist are in continuity with the words of the prologue to John's Gospel. In these reflections, John elaborates on a number of themes that are found in his Gospel: light and darkness, belief and unbelief, good and evil, salvation and condemnation.

In John's reflection, we find an observation about human sinfulness. Jesus is the light that has come into the world, but people preferred the darkness. We wish to keep our sins hidden, even from God. Jesus has come into the world to reveal our sins so that they may be forgiven. This is the Good News; it is the reason for our rejoicing in this season of Lent and throughout our lives.

[Sunday Connection | Loyola Press](#)



OLPH PARISH LENTEN MISSION/RETREAT

The Parish Lenten Mission / Retreat is being held on **March 18, 19, & 20**; Deacon Paul will be here, and the topic this year is **TRUST, HOPE, AND MERCY**; each evening will begin at 6:30 pm with Holy Mass, and the Mission / Retreat talks begin at 7 pm and will be approximately 45 to 50 minutes in length; this is a new

Mission / Retreat that Deacon Paul has put together and he is excited to share it with us. Please set aside the time for our Parish Mission / Retreat and invite your family members and other parishioners as well.

HOLY WEEK AT OLPH PARISH

SATURDAY, MARCH 23, 2024

5:00 PM - PALM SUNDAY (ANTICIPATION)

SUNDAY, MARCH 24, 2024

8:30 & 10:30 AM - PALM SUNDAY

TUESDAY, MARCH 26, 2024

10:00 AM - CHRISM MASS AT SHC

THURSDAY, MARCH 28, 2024

7:00 PM - MASS OF THE LAST SUPPER

8:00 PM - ADORATION

FRIDAY, MARCH 29, 2024

10:30 AM - STATIONS OF THE CROSS

3:00 PM - GOOD FRIDAY SERVICE

AT PARISH CENTRE



Holy Week

SATURDAY, MARCH 30 8:00 PM - EASTER VIGIL

SUNDAY, MARCH 31 8:30 AM - EASTER SUNDAY

10:30 AM - EASTER SUNDAY

WEEKLY MEDITATIONS

March 10, Fourth Sunday in Lent

"The Church's mission is enlivened by a spirituality of constant exodus. We are challenged to go forth from our own comfort zone in order to reach all the peripheries in need of the light of the Gospel. The Church's mission impels us to undertake a constant pilgrimage across the various deserts of life, through the different experiences of hunger and thirst for truth and justice." ~ Pope Francis





CWL - All ladies of our Parish Community are invited to the CWL meeting on **WEDNESDAY, MARCH 13TH**. Doors open at 6:30 PM in the Parish Centre with refreshments and time to visit. Our Spiritual program will start at 7:00 PM. This will be followed by a short business meeting. For more information please call Judy Robinson at 250-682-7932.



CATECHESIS AT HOLY FAMILY PARISH
Every Tuesday starting with Mass at 6:00 pm, followed by Catechesis and discussion. We welcome everyone to attend and encounter our Lord both individually and as a community!



PRAYER FOR LAETARE SUNDAY

Dear Jesus

We've been in this Season of Lent for a few weeks now.

I want to re-commit myself in this time and renew and strengthen my resolve.

Help me to use these last few weeks to grow closer to you.

Amen.

Catholic INDEPENDENT Schools of Kamloops



The Catholic Independent Schools of the Kamloops Diocese (CISKD) is seeking an experienced individual to bring a depth of experience and financial acumen to supervise and lead financial operations across the CISKD and its Schools.

The centralized bookkeeper is required to provide comprehensive accounting direction and support in a professional, courteous and efficient manner while maintaining absolute confidentiality. The system operates six schools under the Authority of the CISKD, employing approximately 200 employees and 100 independent contractors serving the programming needs of approximately 1400 students.

Please provide: cover letter, resume (including contact information of two professional references, one of which should be from the most recent job evaluation report). A Pastoral Reference Form (catholic or non catholic) will be required as well and shall be sent directly from the Pastor to the Office of the Superintendent. Current CISKD personnel as well as applicants external to CISKD are invited to apply.

For further information contact Mr. Christopher Yuen, Superintendent of Schools at 250-376-3351. Applications should be forwarded to the CISKD Office to the attention of:

Superintendent of CISKD, 635A Tranquille Road, Kamloops BC, V2B 3H5, or emailed to hr@ciskd.ca

We thank all applicants in advance, however only those shortlisted will be contacted. This position shall remain open until filled.

CURRENT JOB POSTINGS can be found at www.ciskd.ca under the CAREERS tab: <https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/>



We extend our heartfelt sympathy and prayers to the family of **Gemma Bittante**. Please keep **Gemma** in your prayers, and may God's comfort and peace be with her family in their time of grief.

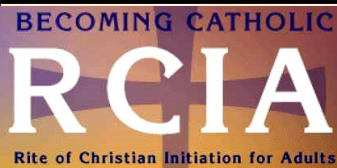
Prayers will be held on **Monday, March 11th at 7:00 pm**. The **Funeral Mass** will be celebrated on **Tuesday, March 12th at 11:00 am**.

May her soul and the souls of all the faithful departed rest in peace.



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1. Visit FORMED.org
2. Click Sign Up as a Parishioner
3. Find our parish by name (Enter "Kamloops" BC)
4. Enter your email and you're in!



THE SCRUTINIES

Our second week of the Scrutinies will be at the **5:00 PM SATURDAY MASS**.

The purpose of each of the scrutinies is "to uncover, then heal all that is weak, defective, or sinful in the hearts of the elect" and "to bring out, then strengthen all that is upright, holy, and good."

"The scrutinies are celebrated in order to deliver the elect from the power of sin and Satan, to protect them against temptation, and to give them strength in Christ." At its core, the scrutinies are not about the sinfulness of the elect but about the overwhelming grace of God in Christ.

Please continue to pray for our elect, we have two here at OLPH Parish, who will soon receive their Sacraments of Initiation at the Easter Vigil.

INSPIRATION FOR THE WEEK ~ Out of love for us, God sent His son into the world, to illuminate the truth that brings salvation. But light can be blinding to eyes that have only seen darkness. Pray that God will teach us to walk bravely in the light. ©LPi

The sacrament of penance or reconciliation is offered every saturday at 10:00 am in the church.

We invite every Catholic during this season of repentance to celebrate the Sacrament of Penance or Reconciliation (go to Confession) prior to Easter, as well as on a regular basis. There can be no better way to make progress on our spiritual journey than by returning in humble repentance and love to God, whose forgiveness re-establishes us as His children and restores us to peace with His Church and our neighbors.



OLPH PARISH will have our Parish Penance Service on Thursday, March 21st at 6:30 pm where several priests will be in attendance.



Children's Liturgy
of the **Word**

CHILDREN'S LITURGY of the WORD will be offered **Every SUNDAY DURING THE 10:30 AM MASS.** Please bring your children so they can

participate. We look forward to having your children join us.



Join us for **STATIONS OF THE CROSS FRIDAYS** during Lent at **7:00 PM.**
FAMILIES WELCOME!

"LET MY TONGUE BE SILENCED, IF I EVER FORGET YOU!" ~ Psalm 137



KNIGHTS OF COLUMBUS COUNCIL 1614
Sacred Heart Cathedral is hosting
LOBSTERMANIA 2024
SATURDAY MAY 25, 2024 at
OLPH Parish Centre.



Join us for a fun filled night of succulent Nova Scotian Lobster and dinner buffet.
Dance the night away with live music by **'JERRY DE SOUZA and the MELODYMAKERS'**
Get a group of friends, relatives or co-workers together and enjoy an East Coast Lobster evening.
Tickets are \$80.00 each and are available from **Ed Barker 250-319-3331, Anthony Muzzillo 250-851-1111, Gary Mayhew 778-471-6100 and John Giddens 250-682-4600.**

PRO-LIFE \$1000 SCHOLARSHIP - The completed application is due April 1st, 2024. Requirements - Grade 12 completion by June 2024 (or in previous years), essay, volunteering in pro-life/life-affirming activities, references, and acceptance by a post secondary institution in the fall of 2024.



Applicants should begin their volunteering now, if not before. For further details, and to access the application form, please email: kamloopsprolife@gmail.com

DAYS OF REFLECTION AT HIS FEET

ALL WOMEN ARE INVITED

Friday, March 22 beginning at 7:00 pm
Saturday, March 23rd at 8:00 am to 3:30 pm

Our Lady of Perpetual Help Parish Centre
635 Tranquille Road, Kamloops, BC

FOR MORE INFORMATION
Contact **Domenica Spina**
domenicaspina@yahoo.ca

Mass and Adoration
Presenters: Fr. Paul Simms,
Christine Mason and Nancy Simms
Breakfast, Lunch and Coffee Breaks included



Event Sponsored By The Kamloops Diocesan Catholic Women's League of Canada



CHRISM MASS

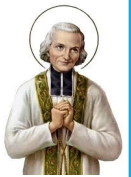


Join Bishop Joseph Nguyen and the priests of our Diocese on **TUESDAY, MARCH 26, 2024, AT 10:00 AM** at **SACRED HEART CATHEDRAL** for the celebration of the Chrism Mass. During the Chrism Mass, Bishop Joseph will bless the oil of the sick and the oil of catechumen

and consecrate the oil of chrism which will be used in the parishes of the diocese throughout the year. As our bishop blesses these three oils, our hearts turn to our gracious Lord who bestows His infinite love and mercy to us through these sacraments. Let us pray for our bishop and the priests who are the ministers of the sacraments in the parish, that they may be the humble and generous servants of the Lord. This Mass also acknowledges the ministry of priests as they renew the commitments they made at their ordination and receive the prayers and support of the people. All are invited to this special liturgy to pray especially for priests and for all who will be anointed by these oils in the coming year.

WORDS FROM OUR SECONDARY PATRON, ST. JOHN VIANNEY

"The Saints were so completely dead to themselves that they cared very little whether others agreed with them or not."



The **ANNUAL BABY BOTTLE CAMPAIGN** for Hopewell Clinic and Pregnancy Centre will be running through Lent. Hopewell Clinic + Pregnancy Centre brings hope to those faced with an unexpected pregnancy by providing prenatal and parenting education as they start on their journey of parenting. There are 4 ways to donate: 1) Cash/Cheques: Pick up a bottle at the church and return it by Easter. 2) Credit Card: www.hopewellkamloops.ca 3) E-transfer: donate@hopewellkamloops.ca 4) Mail a cheque: 429 Tranquille Road, Kamloops BC, V2B 3G9. Your support will bring hope and healing to women and families in need.



SAA
SAA Players Very Proudly Presents



Wednesday March 13th
& Thursday March 14th

Barnhartvale Hall | 7390 Barnhartvale Rd
Doors open @ 6:30pm | Performance @ 7:00pm

Admission \$15.00
TICKETS AT THE DOOR

ST ANNE'S ACADEMY
905 CALLEWADE DR. | 250-251-5152


MASS INTENTIONS There is one scheduled mass per week day per Priest. The Sunday masses and Holy Days of Obligation are for parishioners, We try to accommodate all masses on the day they are requested but this is not always possible. All others are sent to the Missions. Mass for souls of the deceased is indicated by the + symbol.

MARCH 11 - MARCH 17, 2024		
MONDAY	7:30 AM	+Ottavio Carlucci & Dora Renzullo
TUESDAY	7:30 AM	+ Rose Caputo
WEDNESDAY	7:30 AM	+ Modesta & Basilio Habacon
THURSDAY	7:30 AM	+ Carlo Pellizzon
FRIDAY	7:30 AM	+ Lancy Lewis
SATURDAY	5:00 PM	Intentions of OLPH Parishioners
5TH SUNDAY OF LENT		
SUNDAY	8:30 AM	Intentions of OLPH Parishioners
5TH SUNDAY OF LENT		
SUNDAY	10:30 AM	Intentions of OLPH Parishioners
5TH SUNDAY OF LENT		

COLLECTION MARCH 03: Envelopes \$3,670.00; Loose \$308.30; EFT \$515.00; Other Envelopes \$220.00; Vigil Lights \$122.40; Room Rental \$524.00; Holy Childhood \$12.90;

OLPH ELEMENTARY SCHOOL


PRINCIPAL: Mr. Brent Arsenault
WEBSITE: www.olphschool.ca
PHONE: 250-376-2343, Local 101 **FAX:** 250-376-2361

 **KNIGHTS OF COLUMBUS COUNCIL 8132**
 Catholic - Family - Fraternity - Service
Meetings held in the OLPH Parish Centre
General Meeting - 2nd Thursday of the month, 7:00 pm
Explore your interest in joining the Knights
Contact: Peter Pel - 250-554-4612
Join online at: kofc.org/joinus

COMMITTEES

FINANCE COMMITTEE: Regena Cameron; Yvonne Pereira, Judy Robinson, Rafael Santos, Ralph Sherbo

PARISH PASTORAL COUNCIL: Brian Bouthiller, Tony Bradwell, Alicia Bruneau, Nathan Bruneau, Clare Cyr, Cathy Garay, Clem LaSaga, Diane Nadeau, Wendy Nordick, Peter Pel, Judy Robinson, Ralph Sherbo, Greg Sykes, and Beth Watling.

 **MARY'S PANTRY** - Thank you for your kindness in sharing food and feeding hope! Our next collection date is *this* weekend March 9 & 10th.

“For God so loved the world that he gave his only Son...” - JOHN 3:16


STEWARDSHIP
 Time • Talent • Treasure


Of all the wonderful gifts that God has given to us, the gift of His own Son is truly the greatest. How can we ever thank God for a gift like that? God does not ask us to sacrifice our own precious firstborn, but He does ask that we are grateful and generous with our God-given gifts. That we nurture and develop our gifts, and in gratitude, generously give back with increase our time in prayer, our talent in charitable works and our treasure to support the mission and ministry of our parish and greater Church.


OUR NEXT LADIES LUNCHEON will be held at **NARA RESTAURANT 474 TRANQUILLE DRIVE** on **MARCH 12** for great fellowship. All ladies of the parish are welcome. For a ride please call Judy at 250-682-7932

CANCELLED

EL SHADDAI DWX1 CATHOLIC CHARISMATIC PRAYER GROUP
 Meets Sundays 12:00 - 2:00 pm
 In OLPH Church Basement
 FMI, contact Beth - 250-318-3783; Aida - 250-376-0523; Lilia - 250-819-1801 or Rowena - 250-574-7803




 **DAYLIGHT SAVINGS TIME** begins this weekend. Remember to set your clocks **AHEAD ONE HOUR** before you go to bed on Saturday night.


 *Please continue to pray ... for all the sick of our parish, those homebound, in the hospital, and nursing facilities.*

The Month of March is dedicated to St. Joseph



POPE'S PRAYER INTENTIONS FOR THE MONTH OF MARCH
FOR THE NEW MARTYRS ~ We pray that those who risk their lives for the gospel in various parts of the world inflame the Church with their courage and missionary enthusiasm.



 **OUR LADY OF PERPETUAL HELP PARISH IS ACCEPTING INTERAC E-MAIL TRANSFER DONATIONS.** Using your bank's Interac transfer via online banking, please transfer your gift to **givingolph@rcdk.org**.

Eternal Life

We offer the sympathy, love, and prayers of our parish family to the family of **FRANK CHIRICO** who was recently born into eternal life. May his soul and the souls of all the faithful departed rest in peace.

