

**OUR LADY OF**

**PERPETUAL HELP PARISH**

635 Tranquille Road Kamloops, BC V2B 3H5

Pastor: Fr. Rajesh Madtha, OCD

In Residence: Fr. Rudolf D’Souza, OCD

Office Staff: Jackie Ulrich

Phone: 250-376-5541

email: olphkamloops@shaw.ca

Website: www.olphkamloops.ca

Office Hours: 8:30 am-3:30 pm

Tuesday to Friday

**CLOSED on MONDAYS**

**MASS TIMES**

Sunday:

Saturday 5:00 PM

Sunday 8:30 AM

10:30 AM

Week Day:

Monday-Friday 7:30 AM

**SACRAMENT OF**

**RECONCILIATION:**

Monday-Friday 7:00-7:30 AM

Wednesday 8:00 - 8:45 AM

Saturday 10:00 - 11:00 AM

**ADORATION OF THE**

**BLESSED SACRAMENT:**

Wednesday 8 - 8:45 AM

**WEDDINGS** - Please call the

rectory for an appointment six months before planning the wedding date.

**BAPTISMS** - A pre-Baptism course is required. Please call the rectory for an appointment.

**A WARM WELCOME TO GUESTS AND VISITORS**  
*We're happy you're here!*

**DECEMBER 24, 2023 ~ YEAR B**

**4th SUNDAY OF ADVENT**

**REFLECTION: “Do Not Be Afraid, Mary, for You Have Found Favour With God.”**

**4TH SUNDAY OF ADVENT - THE ANGEL GABRIEL VISITS MARY TO ANNOUNCE THE BIRTH OF JESUS.**

This Sunday we read the story of the angel Gabriel’s announcement to Mary about the birth of Jesus. This story is found only in Luke’s Gospel. On this fourth Sunday of Advent, the liturgy shifts our attention from John the Baptist to Mary, the mother of Jesus. Both John and Mary serve as important figures for our reflection during the season of Advent; they both played instrumental roles in preparing the way for Jesus. Last week we reflected on John the Baptist’s announcement that the Savior was among us, although not yet recognized. This week we reflect upon Mary’s example of faith and obedience to God, traits which permitted her to receive the angel’s message that God’s Son would be born as a human person, as one of us.

We are familiar with the story of the Annunciation, and it is fitting that we recall how God announced the birth of Jesus as we make our final preparations for our celebration of the Incarnation. The angel Gabriel visited Mary, a virgin betrothed to a man named Joseph. Mary greeted the angel’s news with awe and wonder and asked how it could be possible that she could give birth to a child. In his reply, the angel Gabriel announced the seemingly impossible reality: the child to be born would be conceived by the power of the Holy Spirit and would be God’s own Son. The angel reported to Mary another miracle; her relative Elizabeth was also pregnant despite having been thought to be unable to have a child. Mary’s response to the angel, which is called her *fiat*, is an example of complete faith and obedience to God.

The story of the Annunciation calls to our attention God’s wondrous action in human history. God chose a human person to give birth to his Son so that all humanity would know God’s salvation. Mary, already full of God’s grace, was able to cooperate in this great plan for our salvation. Thus Jesus was born as one of us, fully human and also fully divine. This is the mystery we prepare to celebrate at Christmas, the mystery of the Incarnation. In the model of Mary, we pray that we will be people of faith who recognize God’s saving plan for us and are able respond with obedience.

[www.loyolapress.com/catholic-resources/liturgical-year/sunday-connection/](http://www.loyolapress.com/catholic-resources/liturgical-year/sunday-connection/)

*We extend our heartfelt sympathy and prayers to the family of **María Corea**. Please keep **María** in your prayers, and may God’s comfort and peace be with the family in their time of grief.*

*May her soul and the souls of all the faithful departed rest in peace.*



**Christmas and New Year’s Mass times:**

**Dec 24:** 5:00 pm (in Parish Centre) and

8:00 pm (in Church);

**Dec 25:** 8:30 am & 10:30 am (in Church);

**Dec 31:** 5:00 pm;

**Jan 01:** 8:30 am & 10:30 am



**Our Lady of Perpetual Help Parish**  
cordially invites you to  
the  
**70TH ANNIVERSARY  
CELEBRATION**

**GUEST OF HONOR - Bishop Joseph Phuong Nguyen**

**January 05 2024** | **Doors Open at 5:00 PM**  
**Dinner at 6:00 PM**

**LOCATION:**  
**OLPH PARISH CENTER**  
635 TRANQUILLE ROAD

**Tickets**  
Under 5 y.o : Free  
5 - 12 y.o : \$10  
12 + Adults : \$30

- If you are able, we request you to pay for someone else's ticket.
- Tickets must be purchased by December 28th.
- Please notify the parish office for any dietary restrictions.

**Contact information:**  
**250-376-5541 / 778-257-7500**

**70TH ANNIVERSARY CELEBRATION -**  
Get your tickets today! Tickets will be available following all Masses this weekend, or from the Parish Office. Come out and support this milestone Anniversary! We hope to see you there.

**THANKSGIVING MASS - 70TH ANNIVERSARY OF THE PARISH** The Masses THIS weekend, December 23 and 24 will be celebrated in Thanksgiving for all of the Priests, Bishops and Parishioners, past, present and future of OLPH PARISH. We thank God for the blessing of our Parishioners and Priests who have served this parish faithfully and ask that He continue to bless our Parish.

**WORDS FROM OUR SECONDARY PATRON, ST. JOHN VIANNEY**

*“Let us adore Jesus Christ as our God; let us follow him as our King. Let us offer him all we have and all we are.”*

***We will not Cheat the Lord!***

*All Catholics should be made aware that they need to attend Mass for Sunday, Christmas, and New Year's. One Mass does not count for both the Sunday obligation and the Christmas or New Year's obligation.*

***When to attend Mass for Christmas and New Year's Day:***

**Dec 24 - Fourth Sunday of Advent**

- Anticipatory Mass on Saturday, Dec. 23 5:00 PM OLPH
- OR Mass on Sunday, Dec. 24, 8:30 & 10:30 AM - OLPH

**Dec 25 - The Nativity of Our Lord**

- Anticipatory Mass on Sunday, Dec. 24, 5:00 PM (PARISH CENTRE) & 8:00 PM IN CHURCH - OLPH
- OR Mass on Monday, Dec. 25, 8:30 & 10:30 AM - OLPH

**Dec 31 - The Holy Family of Jesus, Mary and Joseph**

- Anticipatory Mass on Saturday, Dec. 30, 5:00 PM OLPH
- OR Mass on Sunday, Dec. 31, 8:30 & 10:30 AM - OLPH

**Jan 1 - Solemnity of Mary, The Holy Mother of God**

- Anticipatory Mass on Sunday, Dec. 31, 5:00 PM - OLPH
- OR Mass on Monday, Jan. 1, 8:30 & 10:30 AM - OLPH

**Holy Days of Obligation**

This year, Christmas Day, the Solemnity of the Nativity of the Lord, is a Holy Day of Obligation in Canada and is on Monday, Dec. 25.

New Year's Day, the Solemnity of Mary, Mother of God, is a Holy Day of Obligation in Canada, and is on Monday, Jan. 1.

Whether you're a regular Sunday Mass attendee, haven't joined us for a while, or maybe you have never even been to a Christmas celebration, you are welcome in our churches.

**ROMAN CATHOLIC  
DIOCESE OF KAMLOOPS**

**FATHER RAJESH AWAY FROM THE PARISH - Fr.**

Rajesh will be going home to India for some well-deserved rest and to visit with his family. He will leave on January 11th and return for weekend Masses on February 17th. While Father Raj is away, Msgr. Jerry Desmond will celebrate the weekend Masses and priests from the Cathedral will cover the daily morning Masses. Please keep Fr. Rajesh and all of our priests in your prayers.

**WEEKLY INSPIRATION:** ~ God's plans are not always what we imagined. Sometimes they make us hesitate. Be like Mary. Say "Yes, Lord" - and God will show you that His imagination is better than yours.



The Fourth Week of Advent Represents Love. During this final week of Advent we rejoice in the endless love that God has for us, which is made apparent in the birth of his Son. We reflect on the good news of God's love brought to us from the angel Gabriel.

**Advent Wreath Prayer:** *Dear Jesus, may the light of your love always shine in our hearts. As Christmas draws closer, we marvel at your great love for us. Let your love transform every aspect of our lives and touch everyone we encounter. Our hearts are open to you, Jesus. Amen.*  
 ~ Taken from [Dynamiccatholic.com](http://Dynamiccatholic.com)

**OFFERING ENVELOPES FOR 2024** are

available at the Church entrance. **IF the information** on your label is incorrect, or if you did not receive envelopes and would like some, please notify the parish office.



If you are participating in the Pre-Authorized Debit (PAD) program or make your payments by email, you have just been issued blue "special collection" envelopes as these are not factored into the monthly giving.

**OLPH Parish has a Pre-Authorized Debit Program!** On the 7th of every month you may have your monthly donation automatically withdrawn from your bank account. You determine the amount of your monthly contribution on the agreement form and provide a void cheque. You can cancel or make changes at any time. Forms are available by contacting the parish office.

**OUR LADY OF PERPETUAL HELP PARISH ALSO**

**ACCEPTS INTERAC E-MAIL TRANSFER DONATIONS.** Using your bank's Interac transfer via online banking, please transfer your gift to:  
[givingolph@rcdk.org](mailto:givingolph@rcdk.org)



**CHRISTMAS MIDNIGHT MASS**

Bishop Joseph will be celebrating Christmas Midnight Mass at St. Joseph's Church on the Tk'emlups band lands. All are welcome!



**TAX RECEIPT 2023 REMINDERS**



All donations, including Faith in Action must be received by Friday, December 29 (before the banks close/or parish office closes). This includes E-transfer donations. Donations may be mailed to the parish or the Chancery office post marked no later than December 29 to be eligible for a 2023 tax receipt. **All donations received after 12 noon on Friday, December 29, or are post marked later than December 31 will go towards the 2024 Tax Receipt.**

Likewise, if you plan to attend another parish between now and the end of the year, or at Christmas, please bring your offering envelope directly to the parish office if you require your donation to be on your 2023 tax receipt. If it is not in the parish office or postmarked on December 29th it will not be included in the 2023 tax receipt year as per CRA directives. **Please keep this information in mind.**



The Society of St Vincent de Paul is collecting gloves, socks, handwarmers and toiletries which are given to 150 people in Necessities bags for Christmas. Thank you in advance for your contributions which can be dropped off at 168 Briar Avenue, Thursday to Saturday 10 to 3 or contact 250 554 0098 to arrange a different time.

Enjoy a free subscription to [formed.org](http://formed.org) an incredible online gateway to the best Catholic content, all in one place. FORMED provides amazing content 24/7 for you to grow in your faith.

- It's FREE and EASY to Register!
1. Visit [FORMED.org](http://FORMED.org)
  2. Click Sign Up as a Parishioner
  3. Find our parish by name (Enter "Kamloops" BC)
  4. Enter your email and you're in!

**FAITH IN ACTION CAMPAIGN 33 - BE A DOER OF FAITH**

**PARISH ASSESSMENT: \$ 43,175.00**  
**PARISH PROJECT: \$ 80,000.00**  
**NUMBER OF PLEDGES: 128**  
**TOTAL PLEDGED: \$ 82,865.00**  
**CASH RECEIVED: \$ 81,515.00**



When you are ready, your pledge form may be placed in the collection basket or put through the mail slot in the Parish office. **Faith in Action donations are also being accepted by Interac E-transfer to [fia@rcdk.org](mailto:fia@rcdk.org)**

**A Blessed Christmas Season and New Year to All**



**MASS INTENTIONS** There is one scheduled mass per week day per Priest. The Sunday masses and Holy Days of Obligation are for parishioners, We try to accommodate all masses on the day they are requested but this is not always possible. All others are sent to the Missions. Mass for souls of the deceased is indicated by the + symbol.

DECEMBER 25 - DECEMBER 31, 2023		
<b>MONDAY</b> <b>CHRISTMAS DAY</b>	<b>8:30 AM</b>	Intentions of OLPH Parishioners
<b>MONDAY</b> <b>CHRISTMAS DAY</b>	<b>10:30 AM</b>	Intentions of OLPH Parishioners
<b>TUESDAY</b> ST. STEPHEN, FIRST MARTYR	<b>7:30 AM</b>	+ Lindy Mullen
<b>WEDNESDAY</b> ST. JOHN, APOSTLE & EVANGELIST	<b>7:30 AM</b>	+ Arturo Bittante
<b>THURSDAY</b> THE HOLY INNOCENTS	<b>7:30 AM</b>	+ Jeanette Godin
<b>FRIDAY</b>	<b>7:30 AM</b>	+ Edward Diamond Nakpodia
<b>SATURDAY</b> THE HOLY FAMILY OF JESUS, MARY & JOSEPH	<b>5:00 PM</b>	Intentions of OLPH Parishioners
<b>SUNDAY</b> THE HOLY FAMILY OF JESUS, MARY & JOSEPH	<b>8:30 AM</b>	Intentions of OLPH Parishioners
<b>SUNDAY</b> THE HOLY FAMILY OF JESUS, MARY & JOSEPH	<b>10:30 AM</b>	Intentions of OLPH Parishioners

**COLLECTION DECEMBER 17:** Envelopes \$3,401.00; Loose \$373.30; EFT \$858.00; Other Envelopes \$25.00; Vigil Lights \$109.80; Stole Offering (Funeral) \$200.00; Hall Rentals \$1,260.00; Little Blue Books \$49.00; Holy Childhood \$31.25;

**“Hail, full of grace, the Lord is with you!”**

~ LUKE 1:28



After Jesus, we look to Mary as an ideal steward. Her entire life was lived in obedience to God's call. Mary teaches us to live with joy for all we have been given. Just as the moon reflects the light of the sun, Mary reflects the light of Christ. Like Mary, we are called to reflect Christ's light to the world through our gratitude and generosity.

**Weekly Prayer of the Faithful**

That like Mary, our lives, too reflect Christ's light to the world through our gratitude and generosity.



*Please continue to pray ... for all the sick of our parish, those homebound, in the hospital, and nursing facilities,*



**OUR LADY OF PERPETUAL HELP PARISH IS ACCEPTING INTERAC E-MAIL TRANSFER DONATIONS.** Using your bank's Interac transfer via online banking, please transfer your gift to **givingolph@rcdk.org**.

**OLPH ELEMENTARY SCHOOL**

**PRINCIPAL:** Mr. Brent Arsenault  
**WEBSITE:** www.olphschool.ca  
**PHONE:** 250-376-2343, Local 101 **FAX:** 250-376-2361



**KNIGHTS OF COLUMBUS COUNCIL 8132**

Catholic - Family - Fraternity - Service  
**Meetings held in the OLPH Parish Centre**  
**General Meeting** - 2nd Thursday of the month, 7:00 pm  
**Explore your interest in joining the Knights**  
**Contact: Peter Pel - 250-554-4612**  
**Join online at: kofc.org/joinus**

**COMMITTEES**

**FINANCE COMMITTEE:** Regena Cameron; Brent MacLeod, Yvonne Pereira, Rafael Santos, Ralph Sherbo

**PARISH PASTORAL COUNCIL:** Brian Bouthiller, Tony Bradwell, Alicia Bruneau, Nathan Bruneau, Clare Cyr, Cathy Garay, Clem LaSaga, Wendy Nordick, Peter Pel, Judy Robinson, Ralph Sherbo, Greg Sykes, and Beth Watling.



**MARY'S PANTRY** - Generous donations from OLPH Parishioners to the Kamloops Food Bank for 2023 totaled 1479 pounds!

Thank you for your kindness in sharing food and feeding hope! January 13/14 is our first collection of the New Year. Hunger is a year round issue, so please help feed those needing support through hard times.

Donations can be made at any mass during the week and on the weekend. Happy New Year!

**MARY'S PANTRY COLLECTION DATES FOR 2024:**

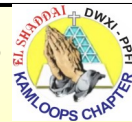
Jan 13/14; Feb 10/11; March 9/10; April 13/14; May 11/12; June 8/9; July 13/14; August 10/11; Sep. 7/8; Oct. 12/13; Nov. 9/10; Dec. 7/8.

**EL SHADDAI DWX1**

**CATHOLIC CHARISMATIC PRAYER GROUP**

Meets Sundays 12:00 - 2:00 pm  
In OLPH Church Basement

FMI, contact Beth - 250-318-3783; Aida - 250-376-0523; Lilia - 250-819-1801 or Rowena - 250-574-7803



**CATHOLIC INDEPENDENT SCHOOLS  
KAMLOOPS DIOCESE**



**CURRENT JOB POSTINGS** can be found at [www.ciskd.ca](http://www.ciskd.ca) under the CAREERS tab:  
<https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/>

**POPE'S PRAYER INTENTIONS FOR  
THE MONTH OF DECEMBER**

**FOR PERSONS WITH DISABILITIES** ~ We Pray that people living with disabilities may be at the center of attention in society, and that institutions may offer inclusive programs which value their active participation.



*The Month of December is dedicated to the Divine Infancy*