

FEBRUARY 04, 2024 ~ YEAR B

5th SUNDAY OF ORDINARY TIME



OUR LADY OF

PERPETUAL HELP PARISH

635 Tranquille Road Kamloops, BC V2B 3H5

Pastor: Fr. Rajesh Madtha, OCD

In Residence: Fr. Rudolf D'Souza, OCD

Office Staff: Jackie Ulrich

Phone: 250-376-5541

email: olphkamloops@shaw.ca

Website: www.olphkamloops.ca

Office Hours: 8:30 am-3:30 pm

Tuesday to Friday

MASS TIMES

Sunday:

Saturday 5:00 PM

Sunday 8:30 AM

10:30 AM

Week Day:

Monday-Friday 7:30 AM

SACRAMENT OF

RECONCILIATION:

Monday-Friday 7:00-7:30 AM

Wednesday 8:00 - 8:45 AM

Saturday 3:30 - 4:30 PM

ADORATION OF THE

BLESSED SACRAMENT:

Wednesday 8 - 8:45 AM

WEDDINGS - Please call the rectory for an appointment six months before planning the wedding date.

BAPTISMS - A pre-Baptism course is required. Please call the rectory for an appointment.

A WARM WELCOME TO GUESTS AND VISITORS
We're happy you're here!

5th SUNDAY IN ORDINARY TIME - HE HEALS THE BROKEN-HEARTED

Today's readings challenge us to avoid Job's pessimistic and desperate view of life as a chain of pain and sufferings and to accept life with hope and optimism as a precious gift from God, using it to do good for others and spending our time, talents and lives for others as Jesus did and as St. Paul did. While the Gospel presents Jesus enthusiastically living out his Sabbath day of preaching and healing ministry, the **first reading** details Job's frustrations in striking contrast: Job complains of the tedium and futility of life and the miseries of human existence. But eventually, his eyes opened by God, Job surrenders himself, his suffering, his work and everything he had had and lost to God's greater wisdom (Job 42:1-6). Job's miseries also marked the condition of the people who came to Jesus for healing. Jesus overturns the human condition, bringing hope and healing - then and now.

The **second reading** reveals Paul to us as a true, dynamic follower of Jesus, moved as Jesus was by concern for the lost which led him to preach the Gospel without cost to the people, and to serve them as their slave with Jesus' love and fidelity. Pointing out the spontaneous response of Peter's mother-in-law after she had been healed by Jesus, today's **Gospel** teaches us that true discipleship means giving selfless, loving service to others. Mark shows us a typical Sabbath day in Jesus' ministry: taking part in the synagogue worship, teaching with authority, exorcising a demon, healing Simon's mother-in-law and, after sundown, curing "many who were sick with various diseases, and [driving] out many demons" - a full day and evening of selfless ministry. Yet, Jesus rises early the next morning and goes off "to a deserted place" to pray, in order to assess his work before God his Father and to recharge his spiritual batteries.

Life messages: 1) **We need to be instruments for Jesus' healing work.** Bringing healing and wholeness is Jesus' ministry even today. We all need healing for our minds, our memories, and our broken relationships, and now Jesus is also using counselors, doctors, friends, or even strangers in his healing ministry. Let us ask for the ordinary healing we need in our own lives. When we are healed, let us not forget to thank Jesus for his goodness, mercy, and compassion by turning to serve others. But let us remember that we need the Lord's strength not only to make ourselves and others well, but to make us and others whole.

2) **We need to live for others as Jesus did:** Jesus was a man for others, sharing what he had with others. In his life there was time for prayer, time for healing, and time for reconciliation. Let us take up this challenge by sharing love, mercy, compassion and forgiveness with others. Instead of considering life as dull and pointless, let us live our lives as Jesus did, full of dynamism and zeal for the glory of God.

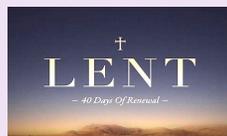
www.stjohnboscoparishbrockville.com/

COUNTDOWN TO LENT - Ash Wednesday is approaching! This year Lent begins on February 14, 2024. Lent is a time for every person to assess where she or he stands before God - a time to take a step back and recognize who we truly are and who God has called us to be by virtue of our Baptism. Let us take this time, for penance and repentance, for almsgiving and prayer, for working to change attitudes that are not pleasing to God.



Remembering Vocations in your Lenten Devotions

Meditation in the words of His Holiness, Pope Francis:



"Dear friends, Lent is the favorable season for renewing our encounter with Christ, living in his word, in the sacraments and in our neighbor. The Lord, who overcame the deceptions of the Tempter during the forty days in the desert, shows us the path we must take." "Let us pray for one another so that, by sharing in the victory of Christ, we may open our doors to the weak and poor. Then we will be able to experience and share in full the joy of Easter."



The CWL February meeting has been moved to February 7th as Ash Wednesday falls on our regular meeting date.

Clare Cyr & Cynthia Ndubueze
Baby Shower

You are invited:

Wednesday Feb. 7th, 2024

Doors open 6:30pm

Spiritual Program, short meeting & baby shower at 7:00 pm

at the OLPH Parish hall



Let's shower our moms-to-be with love, laughter and practical gifts

Children are a gift from the Lord. Psalm 127:3



OUR NEXT LADIES LUNCHEON will be held at **THE HALSTON DINER 1271 SALISH ROAD ON TUESDAY FEBRUARY 6TH AT 11:30 AM.** Come for great fellowship and food! All ladies of the parish are welcome! FMI or a ride please call Gemma at 250-376-3530.

mass + catechesis
TUESDAYS

Teach us O Lord!

Join us on Tuesday evenings
at Holy Family.
Mass at 6pm,
followed by Catechesis + discussion.

We welcome everyone to attend and encounter our Lord both individually and as a community!



MESSAGE FROM FATHER RAJESH ~ I got home safely and the flight was fine. Now I spend time with my parents and take care of them. The weather is good here, partly cloudy today, but still 21+.

Please convey my best wishes and blessings to everyone. I am continually praying for my parishioners. May the Lord Jesus bless and protect us all. Please keep Fr. Rajesh and all of our priests in your prayers.

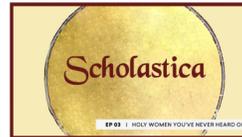
THIS WEEK ON
FORMED

Week of February 04, 2024



Sts. Benedict and Scholastica | Littlest Saints

A pair of holy twins, a cave, and a group of naughty monks... this is the story of Saint Benedict and Saint Scholastica. Visit their website here: www.littlestsaints.com



St. Scholastica | Holy Women You Never Heard Of | Episode 3

Dive into the lives of Holy Women You've Never Heard Of with Dr. Elizabeth Klein and Dr. Jessica Murdoch. St. Scholastica is the sister of St. Benedict. Holy siblings and holy families change the world!



Bakhita: From Slave to Saint

Bakhita: From Slave to Saint tells the incredible story of St. Josephine Bakhita. Originally born in Sudan, Josephine was kidnapped by slavers and was eventually sold to a merchant in Italy. By the grace of God, she lived a heroic life of forgiveness and mercy which led her to become a saint.



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provides amazing content 24/7 for you to grow in your faith. It's FREE and EASY to Register!

1. Visit FORMED.org
2. Click Sign Up as a Parishioner
3. Find our parish by name (Enter "Kamloops" BC)
4. Enter your email and you're in!

We extend our heartfelt sympathy and prayers to the family of **Katerina Hruska**. Please keep Katerina in your prayers, and may God's comfort and peace be with her family in their time of grief.



Funeral Mass will be celebrated on Tuesday, February 6th at 11:00 am.

May her soul and the souls of all the faithful departed rest in peace.



Children's Liturgy
of the **Word**

CHILDREN'S LITURGY of the WORD will be offered **Every SUNDAY DURING THE 10:30 AM MASS.** Please bring your children

so they can participate. We look forward to having your children join us.

ST JOHN VIANNEY Parish is looking for a Secretary/Bookkeeper. The successful candidate will be responsible for administrative as well as bookkeeping duties for both St John Vianney and Our Lady of Lourdes parishes. This is a part time job with flexible hours. Experience in the administrative or bookkeeping field is ideal; however, the right applicant can be trained. To apply for this position please send your resume to stjohnvianney@rcdk.org

There will be a **VOCATION LIVE-IN** on the weekend of February 10 -11 at the Seminary of Christ the King in Mission, BC. Anyone wishing to enter the Seminary in the next couple of years is welcome. For more information phone 604-826-8975 or email rector.minors@sck.ca



PASTORAL ASSISTANT

Sacred Heart Cathedral is looking for a committed, practicing, and dynamic Catholic to come to work for us as a Pastoral Assistant. This newly created role provides administrative assistance to the Pastor to carry out various duties as assigned to ensure the smooth functioning of various parish ministries and programs. Preference will be given to candidates who demonstrate:

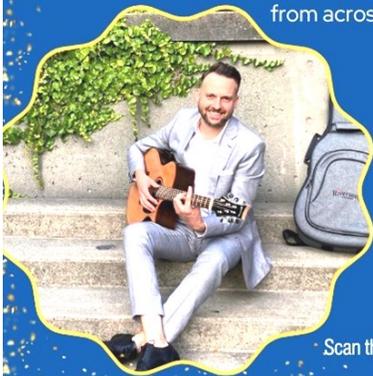
- Proficient knowledge of Church teaching and doctrine and the ability to articulate these truths to others in a succinct and compelling way.
- Organizational skills, proficiency in Word, Excel, PowerPoint; detail oriented with strong project management skills to organize people to fulfil the mission of the parish through its various programs and outreach; superior tact and diplomacy in dealing with people and groups.
- Demonstrated experience in public speaking; ideally some formal teaching experience.
- Proficient in leading RCIA and sacramental preparation and hospital ministry.
- Flexible work hours that require weekend and some evenings.

For further information and a detailed job description, please contact the Parish office at cathedral@rcdk.org

**ST. ANN'S ACADEMY
HOMECOMING**

St. Ann's Academy is very proud to present our alumnus Paul Filek as our headliner for our first-ever Homecoming!

Paul is Vancouver's premier musician specializing in creating an incredible one-man band experience!! He brings a fresh and energetic vibe to the stage, delivering unforgettable performances playing music from across the decades.



Saturday, February, 10th 2024

Doors Open at 6:30 pm
and Dance to follow

Silent auction, 50/50, delicious
appetizers, desserts and beverages

St. Ann's Academy Gymnasium
205 Columbia St, Kamloops, B.C.

\$50 per person (19+ only)

Scan the QR Code to reserve your tickets:



CATHOLIC SCHOOLS WEEK FEBRUARY 5TH – 9TH

The Catholic Schools within the Diocese of Kamloops will be celebrating Catholic Schools week from February 4th - 9th. The Catholic Schools have a lot of fun events planned throughout the week for the students to enjoy,

beginning with participating in the 10:30 am Mass at OLPH Parish, followed by a **Pancake Breakfast** at the Parish Centre. There is also the annual **school raffle** and the Parent Support Group will be selling tickets following all three Masses this weekend. Tickets will also be available to purchase at the school office. Please keep all of the students and staff in your prayers!

**SUPPORT FOR CATHOLIC SCHOOLS IN THE DIOCESE
2ND COLLECTION FEBRUARY 10-11**

This second collection will be taken up at Masses next weekend February 10-11. This support most recently has gone toward the procurement of a Christian Education curriculum for use in our schools. 'Growing in Faith Growing in Christ' is a set of digital resources for use in our K-8 classrooms and include resources for lesson plans, videos and interactive content and resources for music ministry. Your support of Catholic Schools has made this possible. Thank you.

PRO-LIFE \$1000 SCHOLARSHIP - The completed application is due April 1st, 2024. Requirements - Grade 12 completion by June 2024 (or in previous years), essay, volunteering in pro-life/life-affirming activities, references, and acceptance by a post secondary institution in the fall of 2024.



Applicants should begin their volunteering now, if not before. For further details, and to access the application form, please email: kamloopsprolife@gmail.com

**WORDS FROM OUR SECONDARY
PATRON, ST. JOHN VIANNEY**

"The Passion of our Lord is like a great river that flows down from a mountain and is never exhausted."



MASS INTENTIONS There is one scheduled mass per week day per Priest. The Sunday masses and Holy Days of Obligation are for parishioners, We try to accommodate all masses on the day they are requested but this is not always possible. All others are sent to the Missions. Mass for souls of the deceased is indicated by the + symbol.

FEBRUARY 05 - FEBRUARY 11, 2024

MONDAY <i>St. AGATHA, VIRGIN, MARTYR</i>	7:30 AM	+ Domenico Montoro
TUESDAY <i>St. PAUL MIKI & COMPANIONS, MARTYRS</i>	7:30 AM	+ Giovanni Anselmo
WEDNESDAY	7:30 AM	+ Guerino Caputo
THURSDAY <i>St. JEROME EMILIANI, PRIEST</i>	7:30 AM	+ Frank DeBartolo
FRIDAY	7:30 AM	+ Elizabeth & Theresa Marino
SATURDAY <i>6TH SUNDAY IN ORDINARY TIME</i>	5:00 PM	Intentions of OLPH Parishioners
SUNDAY <i>6TH SUNDAY IN ORDINARY TIME</i>	8:30 AM	Intentions of OLPH Parishioners
SUNDAY <i>6TH SUNDAY IN ORDINARY TIME</i>	10:30 AM	Intentions of OLPH Parishioners

COLLECTION JANUARY 28: Envelopes \$3,545.90; Loose \$553.65; EFT \$723.00; Other Envelopes \$50.00; Vigil Lights \$81.35; Stole Offering - Funerals \$400.00; Funeral Reception \$160.00; Holy Childhood \$35.50;

 **PLEASE NOTE THAT WEDNESDAY ADORATION & CONFESSION HAVE BEEN CANCELLED UNTIL FR. RAJESH RETURNS.**

“Rising very early before dawn, he left and went off to a deserted place, where he prayed...He told them, “Let us go on to the nearby villages that I may preach there also. For this purpose have I come.” - MARK 1:35, 38



In today's Gospel reading we see a perfect example of stewardship. Jesus gives His time to do all that God wishes - healing the sick and preaching. But before He begins, Jesus takes time to be alone with God in prayer. It is through prayer, spending time with God, that we are given the graces needed to do what He wishes us to do. Praying before acting is a great habit to develop.



PLEASE NOTE - UNTIL FURTHER NOTICE, SATURDAY CONFESSIONS WILL BE HELD FROM 3:30 PM - 4:30 PM.

The Month of February is dedicated to The Holy Family



OUR LADY OF PERPETUAL HELP PARISH IS ACCEPTING INTERAC E-MAIL TRANSFER DONATIONS. Using your bank's Interac transfer via online banking, please transfer your gift to **givingolph@rcdk.org**.

OLPH ELEMENTARY SCHOOL

PRINCIPAL: Mr. Brent Arsenault
WEBSITE: www.olphschool.ca
PHONE: 250-376-2343, Local 101 **FAX:** 250-376-2361



KNIGHTS OF COLUMBUS COUNCIL 8132

Catholic - Family - Fraternity - Service
Meetings held in the OLPH Parish Centre
General Meeting - 2nd Thursday of the month, 7:00 pm
Explore your interest in joining the Knights
Contact: Peter Pel - 250-554-4612
Join online at: kofc.org/joinus

COMMITTEES

FINANCE COMMITTEE: Regena Cameron; Brent MacLeod, Yvonne Pereira, Rafael Santos, Ralph Sherbo

PARISH PASTORAL COUNCIL: Brian Bouthiller, Tony Bradwell, Alicia Bruneau, Nathan Bruneau, Clare Cyr, Cathy Garay, Clem LaSaga, Wendy Nordick, Peter Pel, Judy Robinson, Ralph Sherbo, Greg Sykes, and Beth Watling.



MARY'S PANTRY - Thank you for your kindness in sharing food and feeding hope! Our next collection date is next weekend February 10 / 11, 2024. Future **MARY'S PANTRY COLLECTION DATES FOR 2024:** March 9/10; April 13/14; May 11/12; June 8/9; July 13/14; August 10/11; Sep. 7/8; Oct. 12/13; Nov. 9/10; Dec. 7/8.

DONATION TAX RECEIPTS: 2023

Tax receipts will be available for pick up at the Parish on the weekend of February 09 / 10, 2024.



EL SHADDAI DWX1

CATHOLIC CHARISMATIC PRAYER GROUP

Meets Sundays 12:00 - 2:00 pm
In OLPH Church Basement

FMI, contact Beth - 250-318-3783; Aida - 250-376-0523; Lilia - 250-819-1801 or Rowena - 250-574-7803



Please continue to pray ... for all the sick of our parish, those homebound, in the hospital, and nursing facilities.

POPE'S PRAYER INTENTIONS FOR THE MONTH OF FEBRUARY

FOR THE TERMINALLY ILL ~ We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.



CATHOLIC INDEPENDENT SCHOOLS KAMLOOPS DIOCESE

CURRENT JOB POSTINGS can be found at www.ciskd.ca under the CAREERS tab: <https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/>