



OUR LADY OF

PERPETUAL HELP PARISH

635 Tranquille Road Kamloops, BC V2B 3H5

Pastor: Fr. Rajesh Madtha, OCD

In Residence: Fr. Rudolf D'Souza, OCD

Office Staff: Jackie Ulrich

Phone: 250-376-5541

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Website: www.olphkamloops.ca

Office Hours: 8:30 am-3:30 pm

Tuesday to Friday

MASS TIMES

Sunday:

Saturday 5:00 PM

Sunday 8:30 AM

10:30 AM

Week Day:

Monday-Friday 7:30 AM

SACRAMENT OF

RECONCILIATION:

Monday-Friday 7:00-7:30 AM

Wednesday 8:00 - 8:45 AM

Saturday 3:30 - 4:30 PM

ADORATION OF THE

BLESSED SACRAMENT:

Wednesday 8 - 8:45 AM

WEDDINGS - Please call the rectory for an appointment six months before planning the wedding date.

BAPTISMS - A pre-Baptism course is required. Please call the rectory for an appointment.

A WARM WELCOME TO GUESTS AND VISITORS
We're happy you're here!

JANUARY 21, 2024 ~ YEAR B

3rd SUNDAY OF ORDINARY TIME

REFLECTION: "Follow Me and I Will Make You Fishers of People."

3RD SUNDAY IN ORDINARY TIME - CALL, RELUCTANCE AND REPENTANCE

The three readings today underline our absolute need of repentance and our immediate need for a prompt response to God's call. The **first reading** tells us how God had to deal with the disobedient, fleeing prophet Jonah to turn him around (convert him), so that, repenting, he would go to Nineveh to preach repentance there. The wicked people of Nineveh, however, accepted Jonah as God's prophet at once, and promptly responded to God's call for repentance as Jonah preached it. In the **second reading**, Paul urges the Christian community in Corinth to lose no time in accepting the message of the Gospel and in renewing their lives with repentance because Jesus' second coming may occur at any moment.

Today's **Gospel** describes how Jesus came to Galilee and began preaching, challenging people to "*repent and believe in the Gospel.*" Just as John did, Jesus also called for *repentance*, meaning a change in one's mind or in the direction of one's life and setting new priorities. Repentance also means hating sin itself, not just being sorry for the consequences of one's sins. *Believing in the Gospel* demands from the hearers a resolution to take Jesus' words seriously, to translate them into action, and to put trust in Jesus' authority. Jesus preached the Gospel, or Good News, that God is a loving, forgiving, caring and merciful Father who wants to liberate us and save us from our sins through His son Jesus.

By describing the call of Jesus' first disciples, Andrew, Peter, James, and John, today's Gospel also emphasizes how we, sinners, are to respond to God's call with total commitment by abandoning our accustomed style of sinful life. Jesus started his public ministry immediately after John the Baptist was arrested. Jesus wanted these ordinary, hard-working people as assistants for his ministry because they would be very responsive and generous instruments in the hands of God.

www.stjohnboscoparishbrockville.com/



You're Invited to Alpha Marriage Course!

Whether you've been married for six months or forty years, whether you're in a good place or struggling, The Marriage Course offers practical support to strengthen your relationship.

The Marriage Course helps couples to:

- *Communicate more effectively; *Understand each others' needs;
- *Resolve Conflict; *Recognize how upbringing affects your relationship
- *Develop greater sexual intimacy; And much, much more...

Where: The Marriage Course is being offered virtually!

When: February 1 - March 14, every Thursday, 7:30pm - 9:30pm **Cost:** Free!

Please contact Johanna and Bryan Strahl at bryan.strahl@gmail.com to register. A link will be sent prior to the first session on February 1st.

PRAYER FOR CHRISTIAN UNITY ~ The Week of Prayer for Christian Unity is celebrated around the world on January 18-25, which are also the dates recommended by the Canadian Conference of Catholic Bishops. The importance of unity among Christians and the responsibility of the people of each parish to work for this unity should be emphasized throughout the week.



PLEASE NOTE - UNTIL FURTHER NOTICE, SATURDAY CONFESSIONS WILL BE HELD FROM 3:30 PM - 4:30 PM.

HOLY DAYS, FEAST DAYS, SOLEMNITIES

Know Our Faith

There are 3 categories of special days in the Church liturgical year: Solemnities, Feast days, and Memorials.

- ✦ Solemnities are the highest ranking Church celebrations and recall important events in the life of Jesus or other great mysteries of our faith. Christmas and Easter are the greatest solemnities.
- ✦ There are 24 solemnities throughout the Church year, which include the Easter and Christmas Octaves, and other days like Pentecost, Corpus Christi, and more. The days celebrating Mary, like the Immaculate Conception, are also solemnities.
- ✦ If a solemnity falls on a Friday, you do not have to observe the usual Friday penance.
- ✦ Other solemnities include the Nativity of John the Baptist, St. Joseph's Feast Day, Saints Peter and Paul, and All Saints' Day.
- ✦ A feast honors a special saint or celebrates an important event in Christian history.
- ✦ Some examples of feasts: The Baptism of the Lord, The Conversion of St Paul, the Transfiguration, the Visitation, the Presentation of the Lord, the Nativity of Mary, and more.
- ✦ Memorials are what we typically think of as saints' "feast days." Some are mandatory to be celebrated at Mass while others are optional.
- ✦ Every Sunday is a mini-Resurrection. Try to make Sundays a day of rest from unnecessary work and special time with family or friends.
- ✦ Every Friday is a mini-Good Friday. While the obligation to abstain from meat on Fridays outside of Lent is no longer required, the faithful are still encouraged to abstain or to substitute another suitable penance on Fridays.
- ✦ Every Sunday is a Holy Day of Obligation to attend Mass, and many solemnities are as well.
- ✦ The Holy Days of Obligation in Canada are January 1, the Solemnity of Mary, Mother of God; December 25, the Solemnity of the Nativity of Our Lord Jesus Christ. The bishops of Canada have transferred all other holy days to the nearest Sunday.

Sources: simplycatholic.com,
The Catholic All Year Compendium by Kendra Tierney

The family of Vince Wells graciously thanks everyone for the kind expressions of sympathy, mass offerings, prayers and support in our time of grief. Thank you

FATHER RAJESH AWAY FROM THE PARISH -



Fr. Rajesh has safely arrived in India for some well-deserved rest and to visit with his family. While Father Raj is away, Msgr. Jerry Desmond will celebrate the weekend Masses and priests from the Cathedral will cover the daily morning Masses. Please keep Fr. Rajesh and all of our priests in your prayers.

THIS WEEK ON FORMED

Week of January 21, 2024



Saint Francis de Sales and the Character of a Christian: Devotion (Part 1 of 4)
In this four-part series, Dr. Ben Akers and Dr. Christopher O. Blum sit down to discuss St. Francis de Sales, his best known work "The Introduction to the Devout Life", and the character of a Christian.



The Hour of Our Death | Eternal Rest | Episode 3
The Anointing of the Sick is one of the seven sacraments of the Church. This session, we discover the role of this sacramental anointing in the spiritual struggle during serious illness, the final stages of our temporal life, and the hour of our death.



The Conversion of Saint Paul
Dr. Ben Akers sits down with Dr. James Prothro, Assistant Professor of Sacred Scripture at the Augustine Institute Graduate School, to discuss the conversion of one of the largest figures in Christianity, Saint Paul.



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4. Enter your email and you're in!



KEEP YOUR INFORMATION UP TO DATE!

We will be sending out year-end donation tax receipts soon. Help us make sure you get yours! If you have changed your phone number, email, or address, please remember to update your information with the parish office. 250-376-5541 or olphkamloops@shaw.ca.

WORDS FROM OUR SECONDARY PATRON, ST. JOHN VIANNEY

"You do not know the resources of God's providence for those who put their trust in him."



YOUTH MINISTRY AT OLPH PARISH - Fr. Rajesh is looking for someone to help establish a Ministry for the youth of our Parish. If you would be interested in helping Fr. Rajesh, please contact Fr. Raj or the Parish Office.



PASTORAL ASSISTANT

Sacred Heart Cathedral is looking for a committed, practicing, and dynamic Catholic to come to work for us as a Pastoral Assistant. This newly created role provides administrative assistance to the Pastor to carry out various duties as assigned to ensure the smooth functioning of various parish ministries and programs. Preference will be given to candidates who demonstrate:

- Proficient knowledge of Church teaching and doctrine and the ability to articulate these truths to others in a succinct and compelling way.
- Organizational skills, proficiency in Word, Excel, PowerPoint; detail oriented with strong project management skills to organize people to fulfil the mission of the parish through its various programs and outreach; superior tact and diplomacy in dealing with people and groups.
- Demonstrated experience in public speaking; ideally some formal teaching experience.
- Proficient in leading RCIA and sacramental preparation and hospital ministry.
- Flexible work hours that require weekend and some evenings.

For further information and a detailed job description, please contact the Parish office at cathedral@rcdk.org



Please Join Us At The First

St. Ann's Academy Homecoming

Saturday, February, 10th 2024

Doors Open at 6:30 pm
and Dance to follow
Silent auction and 50/50

St. Ann's Academy Gymnasium
205 Columbia St, Kamloops, B.C.

\$50 per person (19+ only)

Scan the QR Code to reserve your tickets:



PLEASE PICK UP YOUR OFFERING ENVELOPES FOR 2024.

They are available at the Church entrance. **IF the information** on your label is incorrect, or if you did not receive envelopes and would like some, please notify the parish office. **If you are participating in the Pre-Authorized Debit (PAD) program or make your payments by email, you have just been issued blue "special collection" envelopes as these special collections are not factored into the monthly giving.**



We extend our heartfelt sympathy and prayers to the family of Antonio Corea. Please keep Antonio in your prayers, and may God's comfort and peace be with his family in their time of grief.



Prayers for Antonio will be held on Monday, January 22nd at 7:00 am with the Funeral Mass being celebrated on Tuesday, January 23rd at 11:00 am.

May his soul and the souls of all the faithful departed rest in peace.

There will be a **VOCATION LIVE-IN** on the weekend of February 10 -11 at the Seminary of Christ the King in Mission, BC. Anyone wishing to enter the Seminary in the next couple of years is welcome. For more information phone 604-826-8975 or email rector.minors@sck.ca

THE SAINT VINCENT DE PAUL POOR BOX COLLECTION will be held at all three Masses **this** weekend January 20 / 21. The collection for December was \$533.80. We are grateful for your generous support



AN EVENING OF MUSIC ~ The Knights of Columbus invite you to enjoy the music stylings of Brian Bouthillier on **Friday, February 2nd** in the Bishop Harrington Room at the OLPH Parish Centre. Doors open at 6:30 pm and Brian will be playing from 7:00 pm - 9:00 pm. By Donation.




PANCAKE BREAKFAST - Please join the Knights and CWL after both morning Masses on **SUNDAY, JANUARY 28TH**, for one of our delicious Pancake, scrambled egg and sausage breakfasts.

Donations of \$5.00 per person or \$15.00 per family will be gratefully accepted. All donations go towards CWL and Knights of Columbus projects.

MASS INTENTIONS There is one scheduled mass per week day per Priest. The Sunday masses and Holy Days of Obligation are for parishioners, We try to accommodate all masses on the day they are requested but this is not always possible. All others are sent to the Missions. Mass for souls of the deceased is indicated by the + symbol.

JANUARY 22 - JANUARY 28 , 2024		
MONDAY <i>St. VINCENT, DEACON, MARTYR</i>	7:30 AM	+ Dolores Santos
TUESDAY	7:30 AM	+ Guilherme Guilherme
WEDNESDAY <i>St. FRANCIS DE SALES, BISHOP, DOCTOR</i>	7:30 AM	+ Louis Therrien
THURSDAY	7:30 AM	+ Camilla Tomasello
FRIDAY <i>St. TIMOTHY & St. TITUS, BISHOPS</i>	7:30 AM	+ Arturo Bittante
SATURDAY <i>4TH SUNDAY IN ORDINARY TIME</i>	5:00 PM	Intentions of OLPH Parishioners
SUNDAY <i>4TH SUNDAY IN ORDINARY TIME</i>	8:30 AM	Intentions of OLPH Parishioners
SUNDAY <i>4TH SUNDAY IN ORDINARY TIME</i>	10:30 AM	Intentions of OLPH Parishioners

COLLECTION JANUARY 14: Envelopes \$1,552.00; Loose \$360.30; EFT \$986.00; Pre-Authorized Debit \$8,148.55; Other Envelopes \$25.00; Vigil Lights \$99.50; Stole Offering - Funeral \$200.00; Holy Childhood \$46.25;

 **PLEASE NOTE THAT WEDNESDAY ADORATION & CONFESSION HAVE BEEN CANCELLED UNTIL FR. RAJESH RETURNS.**

“Follow me and I will make you fishers of men.” - MARK 1:17



Jesus' call to “follow me” is a call to all Christians! The call is in the here and now, in our present circumstances, not when we think we are “ready” or have everything in order. Good stewardship of our God-given gifts means that things aren't always going to go according to our schedule, but that God has a much better plan in store for each of us.

WEEKLY PRAYER OF THE FAITHFUL

That we may hear Jesus' personal invitation to “Follow Him” and respond by generously sharing all our gifts.



OUR LADY OF PERPETUAL HELP PARISH IS ACCEPTING INTERAC E-MAIL TRANSFER DONATIONS. Using your bank's Interac transfer via online banking, please transfer your gift to givingolph@rcdk.org.

OLPH ELEMENTARY SCHOOL

PRINCIPAL: Mr. Brent Arsenault
WEBSITE: www.olphschool.ca
PHONE: 250-376-2343, Local 101 **FAX:** 250-376-2361



KNIGHTS OF COLUMBUS COUNCIL 8132

Catholic - Family - Fraternity - Service
Meetings held in the OLPH Parish Centre
General Meeting - 2nd Thursday of the month, 7:00 pm
Explore your interest in joining the Knights
Contact: Peter Pel - 250-554-4612
Join online at: kofc.org/joinus

COMMITTEES

FINANCE COMMITTEE: Regena Cameron; Brent MacLeod, Yvonne Pereira, Rafael Santos, Ralph Sherbo

PARISH PASTORAL COUNCIL: Brian Bouthiller, Tony Bradwell, Alicia Bruneau, Nathan Bruneau, Clare Cyr, Cathy Garay, Clem LaSaga, Wendy Nordick, Peter Pel, Judy Robinson, Ralph Sherbo, Greg Sykes, and Beth Watling.



MARY'S PANTRY - Thank you for your kindness in sharing food and feeding hope! Our next collection date is the weekend of February 10 / 11. Hunger is a year round issue, so please help feed those needing support through hard times.

MARY'S PANTRY COLLECTION DATES FOR 2024:
Jan 13/14; Feb 10/11; March 9/10; April 13/14; May 11/12; June 8/9; July 13/14; August 10/11; Sep. 7/8; Oct. 12/13; Nov. 9/10; Dec. 7/8.

Lord, make me know your ways.

~ Psalm 25

EL SHADDAI DWX1

CATHOLIC CHARISMATIC PRAYER GROUP

Meets Sundays 12:00 - 2:00 pm
In OLPH Church Basement

FMI, contact Beth - 250-318-3783; Aida - 250-376-0523; Lilia - 250-819-1801 or Rowena - 250-574-7803



Please continue to pray ... for all the sick of our parish, those homebound, in the hospital, and nursing facilities.

POPE'S PRAYER INTENTIONS FOR THE MONTH OF JANUARY

FOR THE GIFT OF DIVERSITY IN THE CHURCH

~ We pray that the Holy Spirit may help us to recognize the gift of different charisms within the Christian community and to discover the richness of different traditions and rituals in the Catholic Church.



CATHOLIC INDEPENDENT SCHOOLS KAMLOOPS DIOCESE

CURRENT JOB POSTINGS can be found at www.ciskd.ca under the CAREERS tab: <https://www.makeafuture.ca/bc-schools-and-districts/catholic-independent-schools-kamloops-diocese/>